

Child Care Training and Resource Kit
Behavior Management 1 –
Building a Relationship
Handouts

- 1 ☐ **Child Care Training and Resource Kit
Behavior Management 1
Building a Relationship**
- 2 ☐ **Prevention = Intervention**
 - Provide high-quality program
 - Meet emotional and social needs
 - Satisfy their intellectual drive.
- 3 ☐ **Disruptive Behavior**
 - Outcome of child's immature actions.
 - Not their purpose to inflict harm.
 - Interrupts the group.
 - Prevents group members from functioning.
- 4 ☐ **Types of Difficult Behavior**
 - A normal behavior which occurs excessively.
 - A constellation of normal behaviors.
 - An appropriate behavior that is mistimed.
- 5 ☐ **Child-friendly Environment**
 - Intervention: private areas for solitude.
- 6 ☐ **Adult Responses to Children's Behaviors**
 - 1 ☐
 - Considerate
 - Irritating
 - Skill deficit
 - Disorganized or overwhelmed
 - Secondary
 - 2 ☐
 - Acknowledge
 - Understand
 - Teach & explain
 - Calm or change request
 - Prevention
 - Reflective listening
- 7 ☐ **Guidance Styles**
 - Authoritarian
 - Permissive
 - Respectful/Authoritative
- 8 ☐ **Authoritarian**
 - 1 ☐
 - Must do what asked.
 - Cannot state how they feel.

- Rigid rule enforcement and rituals.
- Learn love is conditional
- 2 • Punishment by adults.
- Use of sarcasm, ridicule and embarrassment.
- Threats and bribes.
- Atmosphere of fear.

9 **Permissive**

- 1 • Child does whatever they want.
- No recognizable structure.
- Punishment inconsistent.
- Mini-lectures and put downs are typical
- 2 • Second chances
- Environment of chaos.
- Threats and bribes common.
- Learn love is conditional

10 **Respectful**

- 1 • Child conforms to rules, but makes choices.
- Opinions are respected.
- Understanding of age-appropriate expectations.
- 2 • Rules are simple and clearly stated.
- Consequences are logical and realistic.
- Lots of smiles, hugs and humor

11 **Low self-esteem development**

- Imitation
- Negative labels
- Comparison and competition

12 **Signs of low self-esteem**

- Lack of an independent self-evaluation.
- Social difficulties.
- Approach to learning.

13 **Healthy self-esteem**

- Lead spontaneously
- Transition easily
- Confidence
- Independent goal setting
- Strong internal focus of control
- Trust their own opinion
- Initiate activities confidently

14 **Healthy self-esteem**

- Cope with criticism and teasing.

- Tolerate frustration.
- Describe self positively.
- Make friends easily.
- Accept opinions.
- Cooperate and follow rules.
- Pride

15 **Social Skill and Social Competence**

- Communicate feelings
- Give information
- Ask for help
- Manage own feelings
- Negotiate differences in opinion
- Deal constructively with conflict
- Achieve without causing pain

16 **Social Skill and Social Competence**

- Respond to provocation.
- Evoke favorable responses.
- Deal with people in authority.

17 **Bottom Line:**

- I t's the relationship