

Child Care Training and Resource Kit

Behavior Management Class 4

Lesson Plan

HINDERANCES TO RELATIONSHIPS AND RELATIONSHIP SKILLS LESSON PLAN

Course Length: 2 hours

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Objectives: Participants will:

- A. Identify at least five strategies for dealing with difficult behaviors with a child.
- B. Identify common causes for a child's inappropriate behaviors.
- C. Demonstrate how to develop a relationship with the caregiver-child dyad and the parent-provider-child triad that meets the needs of all three.

Public health staff in Washington State has provided all of the materials in the Child Care Training and Resource Kit. The only materials included are those where copyright could be located and permission to use was received. In all cases the copyright owner has requested to receive credit for the use of their materials. Please do not use these materials in any other way without getting your own copyright release.

How to use the Child Care Training and Resource Kits: Each lesson contains:

- **Lesson Plan** file, with the general directions for the lesson.
- **Overhead file** with the overhead materials. Those files on the CD are in color.
- **Teacher Notes** file which outlines the points of discussion for each overhead.
- **Handouts file** includes pages related to the overhead for those learners who like to take notes as well as other materials for the learner to take with them. Occasionally, some materials you must request yourself from the vendor. Instructions on how to get these materials are included in the lesson plan file. Some materials you must download from the Internet and the web address is included in the lesson plan file.
- **Teacher Enrichment** - In some cases the lesson developer may have included materials for teacher enrichment. Where possible, those materials are included here. If permission to print could not be obtained then the citation is included below for you to obtain.

Behavior Management 4

Overheads: See the Overhead file.

Teacher Notes: See Teacher Notes File.

Handouts:

- Parent Handout from DeGaetano, Gloria. (1999) Maximizing Your Child's Potential: Healthy Brain Development in a Media Age. Redmond, WA: Train of Thought Publishing. P.O. Box 311, Redmond, WA, U.S.A. 98073-0311, www.GrowSmartBrains.com phone: 425-883-1544
- Critical Work Function B from Skill Standards for Early Childhood Education Professions: Infant/Toddler Specialist, Peninsula College, Port Angeles, WA, 2000. Every local health jurisdiction is receiving a copy of this document.
- Active Listening STARS Training Handout #8, Child Guidance: Communication, contact Your local STARS Training office.
- Using Positive Communication STARS Training Center-Based Module 4 Instructor Annotation, Child Guidance: Communication, pg. 52-54, contact Your local STARS Training office.
- Using Positive Communication STARS Training Handout #10, Child Guidance: Communication, contact Your local STARS Training office.
- Feeling Words, from 'Make Parenting a Pleasure,' 8-Verbal Communication, page 37-38, a curriculum from Oregon Birth to Three, <http://www.birthto3.org/curriculum.html>
- Handout #11: The Responsive Process, from The Program for Infant/Toddler Caregivers, You can get this from Wested 415-289-2300, <http://www.pitc.org/>
- What It Means to be Nurturing, Respectful, Supportive and Responsive self-test STARS Training, Child Guidance: Communication, contact Your local STARS Training office.
- Behavior Management: A Relationship-Need Based Model for Care providers of Children, Class 4 Outline. See the Handout file.
- To Attend To The Emotional Well-Being Of Children See the Handout file.
- Punishment/Guidance puzzle: See the Handout File.

Materials Needed:

- Video: Maximizing a child's potential: Healthy Brain Development in a Media Age, Peck Films, Inc, Seattle, WA, 1999.
- Overheads and instructor notes
- Skill Standards for Early Childhood Education Professions: Infant/Toddler Specialist, Peninsula College, Port Angeles, WA, 2000. Every local health jurisdiction is receiving a copy of this document.

Instructor Enrichment:

- DeGaetano, Gloria. (1999) Maximizing Your Child's Potential: Healthy Brain Development in a Media Age. Redmond, WA: Train of Thought Publishing. P.O. Box 311, Redmond, WA, U.S.A. 98073-0311, www.GrowSmartBrains.com phone: 425-883-1544
- Page, Gary Sreaton, M.Ed., "Being the Parent YOU want to Be: 12 Communication Skills for Effective Parenting," Performance Learning Systems, Nevada, CA

Activity: Welcome and Discussion:	Process: Welcome and discussion: Discuss the process of how they arrived at the temperament of their observational child and what those temperaments are.	Time: 15 minutes	Materials: Welcome and Discussion: flip chart to record observations and comments on.
Video:	Video: Show video, <u>Maximizing a child’s potential</u>	45 minutes	Video: VCR and video tape.
Break		5 minutes	
Lecture and discussion	Lecture and discussion: Using the two overheads and notes, discuss the necessary functions for relationships with children. Include in this discussion the content from page 21-26 in the skill standards book. Divide them into groups, having them work on positive communication and how to use it and how it ties into the key activities.	40 minutes	Lecture and discussion: Overheads
Activity	Activity: Have students complete the self-evaluation in their handout packets, <u>What It Means to Be Nurturing, Respectful, Supportive and Responsive</u> . Discuss with them how basic trust is developed.	15 minutes	Activity: handout packets
Evaluation and Homework	Evaluation and Homework: <ul style="list-style-type: none"> • Observe/write about their communication with their observational child and their feelings towards their observational child. Are they nurturing and respectful in their interactions with him/her? 	5 minutes	Evaluation and Homework: Evaluation forms.