

Child Care Training and Resource Kit

**Appropriate Discipline for
Children**

Teacher Enrichment

Application in the Classroom

1. SET UP THE RULES WITH THE CHILDREN IN YOUR ROOM
2. GO OVER THE RULES ONCE A WEEK
3. SET UP THE CONSEQUENCES FOR RULES BEING BROKEN AND PRACTICE WITH DRY RUNS. (ROLE PLAY SITUATIONS AND WHAT WOULD HAPPEN IF A RULE WAS BROKEN. EXAMPLE: TIME OUT, LOSS OF TURN)
4. USE WORDS TO DESCRIBE YOUR FEELINGS AT LEAST ONCE A DAY.
5. TRY AT LEAST ONE NEW RELAXATION EXERCISE WITH YOUR CLASS BEFORE NEXT MONTH.
6. CHOOSE TWO CHILDREN. DECIDE WHICH REINFORCERS WOULD WORK BEST FOR EACH CHILD. (EXAMPLE: SOCIAL REINFORCEMENT LIKE A TOUCH, EXTRA TIME WITH TEACHER; TANGIBLE REINFORCEMENT LIKE STICKERS)
7. USE A PUPPET. YOU'LL HA YE FUN AND THE KIDS WILL TOO! !