

Child Care Training and Resource Kit

HIV/AIDS

Handouts

Cleaning blood and/or body fluids spills

1. Wear vinyl or latex housekeeping gloves.
2. If the spill is mixed with sharp objects, such as broken glass, the sharp objects should not be picked up with the hands. Using tongs, a broom and dust pan, or two pieces of cardboard is a good idea. Dispose of sharp objects in a metal container, such as an old coffee can. If there is a lot of blood, shoes can be covered with plastic.
3. Blot the blood from the floor with towels until the floor is clear of any visible blood.
4. Flood the area with disinfectant solution (1/4 cup of household liquid chlorine bleach to 1 gallon of cool tap water) and allow it to stand at least 20 minutes.
5. Use paper towels to absorb the solution.
6. All soiled items should be put in a plastic bag or biohazard container, removing the gloves last.
7. Washing hands thoroughly with soap and water after removing gloves is very important.

