

Child Care Training and Resource Kit

Inside Environment: Making It Safe

Lesson Plan

INSIDE ENVIRONMENTS: MAKING IT SAFE LESSON PLAN

Submitted by: Partners in Child Care, Snohomish Health District

Course Length: 1 hour

Objectives: Participants will:

- Describe the purpose of play.
- Discuss how child's development relates to safety.
- Identify appropriate toys for specific ages.
- Promote awareness of a safe and exciting indoor play environment.
- Describe special safety considerations for infants and toddlers.

Public health staff in Washington State has provided all of the materials in the Child Care Training and Resource Kit. The only materials included are those where copyright could be located and permission to use was received. In all cases the copyright owner has requested to receive credit for the use of their materials. Please do not use these materials in any other way without getting your own copyright release.

How to use the Child Care Training and Resource Kits: Each lesson contains:

- **Lesson Plan** file, with the general directions for the lesson.
- **Overhead file** with the overhead materials. Those files on the CD are in color.
- **Teacher Notes** file which outlines the points of discussion for each overhead.
- **Handouts file** includes pages related to the overhead for those learners who like to take notes as well as other materials for the learner to take with them. Occasionally, some materials you must request yourself from the vendor. Instructions on how to get these materials are included in the lesson plan file. Some materials you must download from the Internet and the web address is included in the lesson plan file.
- **Teacher Enrichment** - In some cases the lesson developer may have included materials for teacher enrichment. Where possible, those materials are included here. If permission to print could not be obtained then the citation is included below for you to obtain.

Overheads: See Overhead file.

Teacher Notes: See Teacher Note file.

Handouts:

- For Kids' Sake: US Consumer Product Safety Commission, these are free downloads on the internet. www.cpsc.gov
- Childproofing Your Home: 12 Safety Devices to Protect Your Children US Consumer Product Safety Commission, these are free downloads on the internet. <http://www.cpsc.gov/CPSCPUB/PREREL/prhtml03/03004.pdf>
- Which Toy for Which Child: A Consumer's Guide for Selecting Suitable Toys: US Consumer Product Safety Commission, these are free downloads on the internet www.cpsc.gov <http://www.cpsc.gov/CPSCPUB/PUBS/286.pdf> and <http://www.cpsc.gov/CPSCPUB/PUBS/285.pdf>
- How Asthma-Friendly Is Your Child-Care Setting? Checklist http://www.nhlbi.nih.gov/health/public/lung/asthma/chc_chk.htm
- Think Toy Safety Coloring Book: US Consumer Product Safety Commission, these are free downloads on the internet. www.cpsc.gov <http://www.cpsc.gov/CPSCPUB/PUBS/281.pdf>
- Baby Product Safety Tips order from: US Consumer Product Safety Commission, these are free downloads from the CPSC, www.cpsc.gov <http://www.cpsc.gov/CPSCPUB/PUBS/5082.html>
- U.S. Consumer Product Safety Commission: Resources for Consumers www.cpsc.gov
- Car Seat Recalls/Defects and Safety Notices from 3/22/02 http://www.hsrb.unc.edu/pubinfo/child_recall.htm You should update as needed.
- Foods Which May Cause Choking in Toddlers Order from DOH publication #345-016. We have include a similar handout used elsewhere in this kit.
- Washington Poison Center: A Guide to Plant Poisoning Prevention and Treatment Washington Poison Center, 155 NW 100th Ste 400, Seattle, 98125-8011, 206-517-2388
- Alternatives to Toxic Art Supplies Used in Child Care See the Handout file.
- Poison Prevention in Child Care See the Handout file.
- What You Should Have in Your First Aid Kit See Handout file.
- Child's Play: Birth –12 years This Document is from Children's. You can request it at (206) 987-2500, or toll-free at (866) 987-2500.
- Loose Play Parts This Document is from Children's. You can request it at (206) 987-2500, or toll-free at (866) 987-2500.
- Play Zones This Document is from Children's. You can request it at (206) 987-2500, or toll-free at (866) 987-2500.

Materials Needed:

- Overheads or power point presentation
- No Choke tube
- Assortment of appropriate and inappropriate toys for age 3 and under

Teacher Enrichment:

- American Public Health Association, American Academy of Pediatrics, and National Resource Center for Health and Safety in Child Care. Caring for Our Children: National Health and Safety Performance Standards: Guideline for Out-of-Home Child Care Programs, 2nd Ed. Arlington VA: National Center for Education in Maternal and Child Health; 2002.

Activity: Interactive Lecture:	Process: Interactive Lecture: Using overheads or power point presentation, present material with discussion and activities as listed in the teacher notes.	Time: 1 hour	Materials: Interactive Lecture: Handout packet, appropriate audio-visual equipment, other materials as listed above.
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